**Parkinson’s Support at**

**THE CHANTRY Thornbury. BS35 1HB**

 ***Free* support, information and friendship is available to anyone living or working with Parkinson’s at THE CHANTRY on the 1st Wednesday of each month from 10:00 – 16:00**

Activities:-

* 10:00 – 12:00 Tea and coffee social group. Informal and friendly get together.
* 12:00 – 14:00 Lunch club. Please call Sally to book.
* 14:00 – 16:00 TO BE ADVISED eg Talks, classes and special activities

 Aids and adaptations, literature, books, poems and crafted items made by the Parkinson’s community will be available in our Pop-Up-Shop all day. Come along anytime to peruse, no appointment needed.

 You have the option to receive face to face support on any aspect of living with Parkinson’s with an Independent Parkinson’s Advisor (IPA). This is also a free service and also available 10:00 – 16:00.

 An IPA can provide emotional and practical support, help with benefits and financial support. Refer onto other services where appropriate. Or just be there to talk through your situation and have a chat. You can just come along for a coffee, chat and shop**. But please book an appointment if you need to see your IPA.** To book an appointment please contact: Kevin Carter

Independent Parkinson’s Advisor and Personal Assistant

Mobile 07851 976 796

Email face2face.parkinsons@gmail.com

Website :- [www.face2faceparkinsons.co.uk](http://www.face2faceparkinsons.co.uk)

For coffee social and lunch enquiries call -**Sally Derham** **0744 333 2150**

Face2face Parkinson’s C.I.C. is a not-for-profit Community Interest Company